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The City of Brunswick to receive Silver award for promoting good health

The City of Brunswick will receive a silver Healthy Ohio-Healthy Community award Oct. 15 at the Ohio Society for Public Health Education Health Educator's Institute annual meeting at Salt Fork State Park Lodge and Conference Center in Cambridge. The City of Brunswick is one of 14 communities to be honored by the Ohio Department of Health Office of Healthy Ohio (OHO) in 2010.

“We are very proud of this recognition,” said Brunswick’s Mayor, Gary F. Werner. “So many people contribute to our success on this front. We benefit from a strong partnership with Southwest General Hospital and enjoy programs like the free screenings and health promotions it offers. Our schools have partnered with us in expanding healthy snack options dispensed in vending machines at our schools and at our award winning recreation center. Our walking and biking trail master plan is taking shape and we’ve increased the tobacco free environments locally. Some of our City officials and employees assembled a 40-person bicycle team for the National MS Society’s “Pedal to the Point” fundraiser, a 150-mile round-trip event. And we still get recognized for our very successful “City Manager Challenge,” another award winning fitness competition of ours.”

Healthy Ohio-Healthy Community awards recognize communities’ outstanding achievements in implementing health-related policies and providing healthy community environments. The award recognizes communities’ efforts in encouraging and enabling employees, residents and visitors to make healthy choices including participating in physical activity, eating good, nutritious foods and avoiding tobacco.

“The overall well being of a community is one of the most important things we can invest in,” said ODH Director Alvin D. Jackson, M.D. “The City of Brunswick is helping to improve the health of our state and is a model for what all Ohio communities can be for their residents and visitors.”

OHO is a key component of Gov. Ted Strickland’s comprehensive health care reform initiative and consists of three core areas: health promotion, disease prevention and health equity.